



WALKING & RUNNING ON THE ROAD CIRCUIT

CYCLOPARK
RIDE • FITNESS • PLAY



Safe from cars, vans and buses, walkers and runners can utilise the circuit alongside like-minded individuals in a secure environment and aimed to provide our members with a complete fitness experience.

Use of the circuit by walkers and runners will only be available to Park Fitness or Park Active Members. [Click here](#) for information on the CycloPark Membership packages.

Walkers/runners are to stay within 1m of the outside of the circuit and walk/run counter to the direction of cyclists to ensure both cyclist and walker/runner can see each other approaching.

When using the unlit sections of the circuit outside of daylight hours, walkers/runners should ensure they are wearing a head torch to aid their own visibility and make them visible to cyclists.

Overtaking of slower runners should be done on the grass verges and not stepping out into the circuit, and multiple runners are asked to run in single file.

Walkers/runners may use the circuit during times when it is available for public use. This information, known as the Circuit Timetable, is available to view as a link on the [CycloPark Website Homepage](#). Walkers/runners may not use any areas being used for private hire, or any of the cut throughs on the public circuit.

Walkers, runners & cyclists should always remember that the track is for shared use by like-minded individuals who have opted for varying fitness activities. Be aware of each other, be courteous & be respectful of each other's right to exercise in a safe & friendly environment.

