



Gravesham Family Hubs

Summer Activities Timetable

Kent Family Hubs offer support to children, young people and their families. They make it easier for you to get the services you need throughout your family journey - from newborns to 19-year-olds, or up to 25-year olds with special needs or disabilities (SEND).

**If you wish to book please email graveshamfh@kent.gov.uk with the activity/session you are interested in and a contact telephone number, priority for these activities will be given to children eligible for free school meals.
For Baby Group and Stay & Play sessions please call the relevant centre to book.**

Weekly Activities (Booking required)

Woodland Party Age 5-11 years	Conquer Summer Boredom with Zebadee's at Shorne Woods Country Park and Trosley Country Park! 'Calling all explorers, adventurers, and creativity champions! Escape the ordinary this summer and join us for a whole day of epic fun! Become a wilderness architect and craft your very own secret hideout with our Den Building! We'll even throw in a campfire, smores and hot chocolate! Channel your creativity with a scavenger hunt and some wild arts and crafts to keep for memories. Then refuel with a delicious lunch for both grown-up adventurers and their little explorers. Then when you think it couldn't be better let's top the day off with party games, dances and drama activities! Prepare for laughter, memories, and smiles galore! Don't miss out on this unforgettable summer adventure!' Lunch will be provided.
Nature Explorers Age 5-11 years	'You will be spending time outdoors in nature with one of our project officers. You might be learning how to build a den for humans or wildlife, you could be looking in meadows at flowers and insects, you may be creating a butterfly craft, or learning how to light a fire without matches. Whatever is arranged for the day you visit, you can be assured that the activities will be fun and engaging and all will be taking place OUTDOORS! So come prepared for the weather and don't forget your water bottle! We look forward to meeting you!' Lunch will be provided.
Sporty Wednesday Age 8-16 years	Provides a range of multi sport activities from football, basketball, badminton and fun team building activities. Lunch will be provided for the children.
Family Sport Session Age 4-7 years	Family sports day activities. Lunch will be provided for the children.
CycloPark Play Age 0-11 years	All day access to the 3,000 square foot play park which includes Cycloland, the mini-road network for children to understand road safety whilst learning to scoot and use their own balance bike. Please note, we do not have that number of balance or pedal bikes to provide for all children. Children will receive a hot lunch.
CycloPark Cycling programme Age 12-16 years	A three week programme of cycling skills across different disciplines. Each week has a 4 hour session from 11am to 3pm delivered by experienced coaches Each 4 hour session is split into three blocks of 1) 1.5 hours cycling; 2) 1 hour for lunch; 3) 1.5 hours cycling. Children will receive a hot lunch.
Smoothie Bike	Cycle to make your own smoothies, everyone gets active and refreshed.

Adult Education (Booking required)

Bug Hunt Age 4-7 years	Families will strengthen relationships, build confidence and extend communication whilst exploring the fascinating world of bugs. From indoor explorations to outdoor adventures, this course will spark curiosity, promote empathy towards wildlife and deepen understanding of habitats.
Pizza Time Age 4-7 years	Parents and children will work together to make a pizza base from scratch and then choose and prepare some healthy toppings. Parents will then take home their pizza to cook and taste at home!
Little Gardeners Age 4-7 years	Help families find different ways to engage with gardening, help their children become familiar with the concept of growing their own and explore a range of fun, creative children's activities to raise awareness of horticultural concerns.

Meopham Leisure Centre Age 11-16	6 weeks of junior gym membership. Collect your voucher from Riverside Family Hub or Northfleet Family Hub from Wednesday 24th July 2024.
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	Monday	Tuesday	Wednesday	Thursday	Friday
Week of 29th July — 2nd August	<p>Nature Explorers 10am-2pm Shorne Woods Country Park</p> <p>Nature Explorers 10am-2pm Trosley Country Park</p> <p>Baby Group 9.30-10.30am Lawn Family Hub</p> <p>Stay & Play (0-7 years) 1pm-2.30pm Shears Green Family Hub</p>	<p>Nature Explorers 10am-2pm Shorne Woods Country Park</p> <p>Nature Explorers 10am-2pm Trosley Country Park</p> <p>Baby Group 9.30-10.30am Kings Farm Family Hub</p> <p>Stay & Play (0-7 years) 1pm-2.30pm Chantry Family Hub</p>	<p>Nature Explorers 10am-2pm Shorne Woods Country Park</p> <p>Woodland Party 10am-2pm Trosley Country Park</p> <p>Sporty Wednesday Session 11am-3pm Northfleet Family Hub</p> <p>Bug Hunt 1pm-3pm Riverside Family Hub</p>	<p>Nature Explorers 10am-2pm Trosley Country Park</p> <p>Family Sports Session 11am-3pm Smoothie Bike Riverside Family Hub</p> <p>Pizza Time 12.30pm-2.30pm Riverside Family Hub</p>	<p>Woodland Party 10am-2pm Trosley Country Park</p> <p>CycloPark Park Play Time 10am-4pm</p> <p>CycloPark Cycling programme Time 11am-3pm</p>
Week of 5th August — 9th August	<p>Woodland Party 10am-2pm Trosley Country Park</p> <p>Baby Group 9.30-10.30am Lawn Family Hub</p> <p>Stay & Play (0-7 years) 1pm-2.30pm Shears Green Family Hub</p>	<p>Woodland Party 10am-2pm Trosley Country Park</p> <p>Baby Group 9.30-10.30am Kings Farm Family Hub</p> <p>Stay & Play (0-7 years) 1pm-2.30pm Chantry Family Hub</p>	<p>Woodland Party 10am-2pm Trosley Country Park</p> <p>Sporty Wednesday Session 11am-3pm Northfleet Family Hub</p>	<p>Nature Explorers 10am-2pm Shorne Woods Country Park</p> <p>Nature Explorers 10am-2pm Trosley Country Park</p> <p>Family Sports Session 11am-3pm Riverside Family Hub</p> <p>Little Gardeners 12.30pm-2.30pm Riverside Family Hub</p>	<p>Nature Explorers 10am-2pm Shorne Woods Country Park</p> <p>CycloPark Park Play Time 10am-4pm</p> <p>CycloPark Cycling programme Time 11am-3pm</p>
Week of 12th August — 16th August	<p>Nature Explorers 10am-2pm Trosley Country Park</p> <p>Baby Group 9.30-10.30am Lawn Family Hub</p> <p>Stay & Play (0-7 years) 1pm-2.30pm Shears Green Family Hub</p>	<p>Nature Explorers 10am-2pm Shorne Woods Country Park</p> <p>Nature Explorers 10am-2pm Trosley Country Park</p> <p>Baby Group 9.30-10.30am Kings Farm Family Hub</p> <p>Stay & Play (0-7 years) 1pm-2.30pm Chantry Family Hub</p>	<p>Woodland Party 10am-2pm Trosley Country Park</p> <p>Woodland Party 10am-2pm Shorne Woods Country Park</p> <p>Sporty Wednesday Session 11am-3pm Smoothie Bike Northfleet Family Hub</p>	<p>Nature Explorers 10am-2pm Trosley Country Park</p> <p>Woodland Party 10am-2pm Shorne Woods Country Park</p> <p>Family Sports Session 11am-3pm Riverside Family Hub</p> <p>Little Gardeners 12.30pm-2.30pm Riverside Family Hub</p>	<p>Nature Explorers 10am-2pm Shorne Woods Country Park</p> <p>Nature Explorers 10am-2pm Trosley Country Park</p> <p>CycloPark Park Play Time 10am-4pm</p> <p>CycloPark Cycling programme Time 11am-3pm</p>
Week of 19th August — 23rd August	<p>Baby Group 9.30-10.30am Lawn Family Hub</p> <p>Stay & Play (0-7 years) 1pm-2.30pm Shears Green Family Hub</p>	<p>Woodland Party 10am-2pm Trosley Country Park</p> <p>Woodland Party 10am-2pm Shorne Woods Country Park</p> <p>Baby Group 9.30-10.30am Kings Farm Family Hub</p> <p>Stay & Play (0-7 years) 1pm-2.30pm Chantry Family Hub</p>	<p>Nature Explorers 10am-2pm Trosley Country Park</p> <p>Woodland Party 10am-2pm Shorne Woods Country Park</p> <p>Sporty Wednesday Session 11am-3pm Northfleet Family Hub</p> <p>Bug Hunt 1pm-3pm Riverside Family Hub</p>	<p>Family Sports Session 11am-3pm Riverside Family Hub</p> <p>Pizza Time 12.30pm-2.30pm Riverside Family Hub</p>	<p>Woodland Party 10am-2pm Shorne Woods Country Park</p> <p>Nature Explorers 10am-2pm Trosley Country Park</p>